

Now featuring
My Health Tracker
 Graph lab results and track your progress



Take Care of Others

“It has become an ongoing reaction by our doctors when we whip out our Med Schedule, ‘Wow, where did you get this?’ It’s a show stopper and an invaluable aid in our elder care-giving. We really don’t know what we’d do without it.”

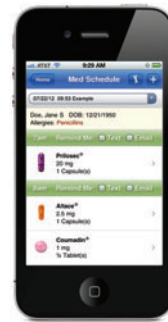
Mike B.
 Idaho



Registration is FREE at
www.MyMedSchedule.com

When You Are On-The-Go

Available for iPhone® and Android™
MyMedSchedule® Mobile



Access MyMedSchedule wherever you go with this free app! Use MyMedSchedule Mobile on your iPhone® or Android™ phone to create, update, or view your schedules and set or receive medication reminders. Internet connection required.



For more information visit:
mymedschedule.com/home/about_mms_mobile.asp

Your information is secure



Your personal health information is protected by SSL encryption and will not be redistributed or resold.

Store Health Information

Now you can import and export your MyMedSchedule medication lists with Microsoft® HealthVault™. HealthVault is a free online service that helps you gather and store health information in one place.



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Create Personal Med Schedules
 For Yourself or Those You Care For

Free



MyMedSchedule.com
 Revised: 7/22/2012 at 9:53 AM

Jane S Doe DOB: 12/21/1950
 Allergies: Penicillin
 Family Doctor: Dr. B. Smith
 908-555-5555

Take These Medications	At These Times				
	7am	8am	9am	12N	8pm
Altace® (Ramipril) 2.5 mg Capsule(s) <i>Controls blood pressure; Heart medicine</i>		1 Capsule(s)			
Prilosec® (Omeprazole) 20 mg Capsule(s) <i>Treats/prevents stomach ulcer/heartburn</i>	1 Capsule(s)			1 Capsule(s)	1 Capsule(s)
Coumadin® (Warfarin) 1 mg Tablet(s) <i>Thins blood</i>		1/2 Tablet(s)			1/2 Tablet(s)
Aspirin 81 mg Tablet(s) <i>Prevents blood clots</i>		1 Tablet(s)			
Januvia® (Sitagliptin) 50 mg Tablet(s) <i>Lowers blood sugar</i>		1 Tablet(s)			
Zyrtec® (Cetirizine) 5 mg Tablet(s) <i>Relieves symptoms of allergies</i>					1 Tablet(s)
Boniva® (Ibandronate Sodium) 150 mg Tablet(s) <i>Prevents and treats osteoporosis</i>	Take one tablet month				

The pharmacist may make a generic substitution for the medication. The medication name, dosage strength, shape, color, result of this substitution. Please check dosage strength on you the dosage strength shown on your daily schedule. Call your pharmacist immediately if you receive medication that is different from what you have questions about your medication. 1 teaspoon = 5mL, 1 oz = 30mL

Medication	7	8	9	12	8
Altace® (Ramipril) 2.5 mg Capsule(s)		1			
Prilosec® (Omeprazole) 20 mg Capsule(s)	1			1	1
Coumadin® (Warfarin) 1 mg Tablet(s)		1/2			1/2
Aspirin 81 mg Tablet(s)		1			
Januvia® (Sitagliptin) 50 mg Tablet(s)		1			
Zyrtec® (Cetirizine) 5 mg Tablet(s)					1
Boniva® (Ibandronate Sodium) 150 mg Tablet(s)	Take one tablet on the 28th of the month				

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Wallet Size



MyMedSchedule is the highest rated app for medication adherence.*

*Ranked in a study published by the Journal of the American Pharmacists Association.

Create your own medication list with www.MyMedSchedule.com

A Great Reminder

MyMedSchedule® is a great medication reminder for you and your family, and it is free! Your personal medication chart clearly shows the times you should take each medication or supplement and how much to take.

- Medication wizard helps you easily make and revise your own printable medication chart
- Pictures of pills make them easy to identify
- Create medication lists for yourself or family members
- Prescription refill reminders
- Print in various sizes, including wallet-size and large type
- Special instructions and dietary considerations for each med
- Weekly checklists and health records
- Print schedules in English or Spanish

“Remind Me” dose reminders

Get a text message or email whenever it's time to take your medications



Keep MyMedSchedule handy

You can place a medication chart where you will need it: on the refrigerator, in your bedroom, or bathroom. And, if you travel, you can take the wallet-size MyMedSchedule list with you.

“Thank you so much. I love this program. I could never get my pills correct until I found out about this service, and I recommend this to any and all people that need to take medication. The text phone message reminder is GREAT too!”

William H.
Florida

“I like the clear and easy format with MyMedSchedule. It includes pictures and helpful information that ensures understanding and compliance in properly taking meds. My clients and their families love this too!”

Jane F., RN
Ohio

Be sure to update *MyMedSchedule* each time one of your prescriptions changes.

www.MyMedSchedule.com

Be Ready for Any Emergency

“THANK YOU FOR THIS SITE. I have referred many people to MyMedSchedule for their own family members because it is so helpful and easy to use. When my Mom was taken and admitted to Irvine Regional Hospital...the triage nurse THANKED ME for the med schedule...so I am now thanking you too.”

Frances S.
California

Multiple Healthcare Providers

MyMedSchedule will help all your healthcare providers know what medications you take. This can help them identify dangerous drug interactions and select the right treatment for you. Show your MyMedSchedule to the doctor, dentist, or pharmacist every time you visit.

Avoid Confusion and Stay on Track

“The mobile app with the iPhone is great. It's so easy to use and comes in handy if I'm ever caught at an appointment without the paper list of my meds. When I got home from the hospital after my transplant, I was taking 15 different drugs. MyMedSchedule helped me get organized and stay on track, and it has made my life so much easier.”

Greg D.
New York